

| Time  | Wednesday, June 3   |   |   |   |   |
|-------|---|---|---|---|---|
|       | Frontenac   | Pier 4  | Queens Quay 1   | Queens Quay 2   | Pier 3  |
| 7:30  | Registration Opens  |   |   |   |   |
| 8:00  |   | International Satellite - <i>by invitation only</i> | State of the Art in Diagnosing, Assessing and Treating Bipolar Disorder:<br>A Training Course to Improve your Skills as a Bipolar Expert*<br><i>Ticket Required</i> |   |   |
| 10:00 |   |   |   | Implementing Longitudinal Clinical Assessment Programs in Bipolar Disorder*<br><i>Ticket Required</i> | Evidence-Based Assessment of, and Psychotherapy for, Bipolar Disorder in Youth*<br><i>Ticket Required</i> |
| 13:00 |   |   |   |   |   |
| 14:45 |   |   |   |   |   |
| 16:15 | CoffeeBreak   |   |   |   |   |
| 16:30 | Opening Ceremony  |   |   |   |   |
| 17:00 | 17:00 - Changing My Mind<br>18:00 - What Have Observational Cohort Studies Taught Us About the Emergence and Course Of Bipolar Disorder Among Youth |   |   |   |   |
| 18:45 | Awards Ceremony   |   |   |   |   |
| 19:45 | Welcome Reception in the Exhibition   |   |   |   |   |

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| Pre-Conference International Satellite |
| Pre-Conference ISBD Courses            |
| Opening and Awards Ceremony            |
| Keynote Lectures                       |

\*Kindly note ISBD Courses are subject to pre-registration at an additional fee.

| Thursday, June 4 |   |   |  |  |   |
|------------------|---|---|--|--|---|
| Time             | Frontenac   | Harbour A   | Harbour B  | Harbour C  | Pier 4  |
| 7:00             |   |   |  | The Problem of Defining and Detecting Relapse in Maintenance Studies   | How to Manage Bipolar Disorder in Pregnancy and Postpartum Disorder                           |
| 8:30             | Clinical Neurodevelopmental Phenotypes of Bipolar Disorder  | Big Data in Bipolar Disorder  | Engaging Families in the Treatment of Bipolar Disorder | Bioenergetic Anomalies in Bipolar Disorders: New Evidence and Implications                                       | Rapid Communication 1   |
| 10:00            | Coffee Break, Poster Viewing & Visit the Exhibition   |   |  |  |   |
| 10:30            | 10:30 - The Future Of Diagnosis In the Bipolar Spectrum<br>11:15 - Understanding the Neural Circuitry Of Bipolar Disorder: Present and Future Neuroimaging Approaches |   |  |  |   |
| 12:00            | Break   |   |  |  |   |
| 12:15            | Industry Satellite Symposium<br><i>-lunch included</i>  |   |  |  |   |
| 13:45            | Break   |   |  |  |   |
| 14:00            | Staging and Neuroprogression in Bipolar Disorder  | Creativity Artistic Genius and Bipolar Disorder                           | Who Benefits from Psychotherapy for Bipolar Disorder?  | Machine Learning Approaches for Featuring Bipolar Disorder at Personal Level: is there any translational impact? | Rapid Communication 2   |
| 15:30            | Coffee Break, Poster Viewing & Visit the Exhibition   |   |  |  |   |
| 16:00            | Bipolar, Borderline, Both? Clinical, Neurocognitive, and Genetic Overlaps and Divergences   | Cognitive Impairment in Bipolar Disorder: is it preventable or treatable? | Predicting Lithium Response                            | Neuroinflammatory Markers in Bipolar Disorders   | Web-based Support for Self-Management in Bipolar Disorder: New Interventions and New Horizons |
| 17:30 - 18:30    | Poster Session 1 in the Poster Hall (Metro East)  |   |  |  | ISBD Membership Meeting (18:00 - 19:00)   |

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|------------------------------|
| Keynote Lectures             |
| Industry Satellite Symposium |
| Brainstorming Session        |
| Parallel Symposium           |
| Rapid Communications         |
| Poster Session               |

| Symposium Tracks      |   |
|-----------------------|---|
| Experts By Experience | ● |
| Clinical              | ● |
| Basic Science         | ● |
| Special Population    | ● |
| Treatments            | ● |

| Time          | Friday, June 5  |  |  |   |   |
|---------------|---|--|--|---|---|
|               | Frontenac   | Harbour A  | Harbour B  | Harbour C   | Pier 4  |
| 7:00          |   |  |  | Primary Care: Collaborative Detection and Management of the larger half of Bipolar Disorders                              | Mineralocorticoid Receptor (mr)/ Glucocorticoid Receptor (gr) Dysregulation in Bipolar Affective Disorders: Consequences and the Impact of Childhood adversity? |
| 8:30          | Accumulating Data and Dissipating Controversy in Pediatric Bipolar Disorder Research  | From I to We - from Illness to Wellness - Psychoeducation, Wellness Measures, and the Therapeutic Alliance | Practical Clinical Trials: Multicenter, Non-Industry-Funded Pharmacological and Psychological Interventions in the Post-Genomics Era | Role of Circadian Rhythms and Sleep in the Course of Bipolar Disorders: from genes, through critical periods to treatment | Rapid Communication 3   |
| 10:00         | Coffee Break, Poster Viewing & Visit the Exhibition   |  |  |   |   |
| 10:30         | 10:30 - Modeling Bipolar Disorders With Induced Pluripotent Stem Cells: Developmental and Functional Dimensions<br>11:15 - Apples and Pears Are Similar, But Not the Same and Is There a Schizophrenia/Bipolar Disorder Border? |  |  |   |   |
| 12:00         | Break   |  |  |   |   |
| 12:15         | Industry Satellite Symposium<br><i>-lunch included</i>  |  |  |   |   |
| 13:45         | Break   |  |  |   |   |
| 14:00         | An ISBD Bipolar Disorder in Older Adults Taskforce Update: how should current evidence guide practice and research?   | Spirituality and Faith in Recovery: Resilience, Purpose, Identity, and Healing                             | Results of the ISBD Task Force on Suicide: systematic review and meta-analyses   | Socio-emotional Cognition in Bipolar Disorder: what do we know and where to next?   | Rapid Communication 4   |
| 15:30         | Coffee Break, Poster Viewing & Visit the Exhibition   |  |  |   |   |
| 16:00         | Drug Treatments for Geriatric Bipolar Disorder: a perspective from the ISBD geriatric bipolar taskforce   | Bipolar Depression: new vistas for the research and clinical ecosystem                                     | Experts by Experience: consumer's experience of coping with suicidal thoughts  | Samuel Gershon Award Presentations  | Clinical and Biological Factors as Targets of Intervention for Bipolar Spectrum Disorders   |
| 17:30 - 18:30 | Poster Session 2 in the Poster Hall (Metro East)  |  |  |   |   |

|                              |
|------------------------------|
| Keynote Lectures             |
| Industry Satellite Symposium |
| Brainstorming Session        |
| Parallel Symposium           |
| Rapid communications         |
| Poster Session               |

**Symposium Tracks**

|                       |   |
|-----------------------|---|
| Experts By Experience | ● |
| Clinical              | ● |
| Basic Science         | ● |
| Special Population    | ● |
| Treatments            | ● |

| Saturday, June 6 |   |  |   |   |   |
|------------------|---|--|---|---|---|
| Time             | Frontenac   | Harbour A  | Harbour B   | Harbour C   | Pier 4  |
| 7:00             |   |  |   | Neural Predictors and Moderators of Treatment Response to Psychotherapy for Bipolar Depression      | Hormones and Mood in Bipolar Disorder: from Neurobiology to Treatment   |
| 8:30             | Redefining Mixed States in dsm-5: findings from 2 large datasets and discussion of the mixed features specifier   | Psychopathological and Neurodevelopmental Antecedents of Bipolar Disorder  | Service Users as Powerful and Active Educators in the Health Professions and Beyond   | Varenicline for Bipolar Depression with Comorbid Nicotine Dependence                                | Cross-cultural Issues in Family Interventions for Bipolar Disorder  |
| 10:00            | Coffee Break  |  |   |   |   |
| 10:30            | <p>10:30 - Revisiting Suicide Risk: Experience, Development and Psychopathology</p> <p>11:15 - Tracking Behavioral Symptoms Of Bipolar Disorder Using Automated Sensing and Delivering Personalized Interventions Using Smartphones</p> |  |   |   |   |
| 12:00            | Advances on the Management of Bipolar Disorder in Pregnancy   | Laughing Like Crazy Stand Up Comedy Peer Support Program for People with Mental Illness: Research Results, Facilitation and Live Comedy Showcase | Inflammatory Processes and Bipolar Disorder: etiological and treatment considerations | Understanding Mood Instability in Bipolar Disorder: from psychopathology to neurobiology to therapy | Effective Psychosocial Interventions: tailoring to patient stages and needs while achieving optimal dissemination |
| 13:30            | Adjourn   |  |   |   |   |

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|-----------------------|
| Keynote Lectures      |
| Brainstorming Session |
| Parallel Symposium    |

Parallel Symposium

|                    |   |
|--------------------|---|
| Basic Science      | ● |
| Special Population | ● |
| Treatments         | ● |